



THE ACADEMY
OF DANCE AND ART

2023-2024 TIMETABLE 2nd TERM JANUARY—MARCH

KAREN STUDIO

MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY		
STUDIO 1	STUDIO 2	BALLROOM	STUDIO 1	STUDIO 2	BALLROOM	STUDIO 1	STUDIO 2	BALLROOM	STUDIO 1	STUDIO 2	BALLROOM	STUDIO 1	STUDIO 2	BALLROOM	STUDIO 1	STUDIO 2	BALLROOM
9:00 – 10:00 ADULT BALLET	9:00-11:00 OPEN CLASS ADVANCED	8:15-9:00 PILATES	9:00 – 10:00 ADULT MODERN	8:00–9:00 INTERMEDIATE RAD (EXAMS)	7:50 – 8:20 BANDA SCHOOL	9:00 – 10:00 ADULT BALLET	8:00-9:00 INTERMEDIATE RAD	9:00– 11:00 ADVANCED BALLET	9:00 – 10: 00 JAZZ/MODERN	9:00-10:00 ADULT MODERN		9:00-10:00 ADULT BALLET			*9:00 – 10:00 GRADE 5 RAD	MUSIC INSTRU- MENT	9:00 – 10:00 GRADE 2
	11:00-1:00 REHEARSAL/ CHOREOGRA- PHY	1:30-2:30 ST CHRISTOPHER		9:00-10:00 CONTEMPO- RARY / MODERN/ JAZZ	9:50 – 12:30 BROOKHAVEN SCHOOL	11:00-1:00 REHEARSAL CHOREOGRA- PHY	9:00-10:00 YOGA		10:00- 1:00 REHEARSAL CHOREOGRA- PHY	12:00-1:00 INTERMEDIATE RAD	12:00 – 1:50 BANDA SCHOOL		12:00-12:45 Premiere Academy	12:15-1:00 ST CHRISTOTHER	*10:00 – 11:00 GRADE 6 / GRADE 6 PREP	9:00-10:00 Beginners YE 4- 6YEARS OLD 10:00-11:00 Young Engineers 7- 10Yrs	10:00-11:00 DTYOT PRE PRIMARY
			10:00– 1:00 REHEARSAL / CHOREOGRA- PHY					12:00 -1:15 SERARE SCHOOL		3:30-4:30 Aga Khan					11:00:–12:00 GRADE 4	11:00-12:00 Young Engi- neers 11-15Yrs	11:00–12:00 GRADE 1 RAD
										4:00-5:00 GYMNASTICS					*12:00 – 1:00 GRADE 3	10:15-11:00 Gymnastics LEVEL 2	12:00 – 1:00 PRIMARY
4:30-5:30 PRIMARY	4:30–5:00Tap 9& Under/ Beginners		4:30–5:30 Grade 1 RAD	4:30– 5:30 GRADE 3 RAD	4:00-5:30 Drama Helen O’Grady	* 4:30–5:30 GRADE 7 RAD		4:00-4:30 TODDLERS	4:00-4:30 Tap 10 Yrs +		4:15-5:00 DTYOT/PRE PRIMARY				2:00-2:45 POINTES INTER/ ADVANCED	12:00-12:45 Gymnastics BEGINNERS	
5:30-6:30 OPEN CLASS TEEN BALLET			5:30– 6:30 GRADE 2 RAD	5:30-6:30 GRADE 5 RAD	4:30– 5:30 OPEN CLASS TECHNIQUE	5:30 – 6:15 POINTE CLASS		5:30–6:30 YOGA	4:30 – 5:30 GRADE 4 RAD			***4:30-6:30 JR COMPANY / REHEARSALS			2:45:00– 3:45 GRADE 7	10:00 11:00 Acting Lamda 14 Years Above	
6:30-7:30 ADULT MODERN/ CONTEMPO- RARY			6:30 –7:30 Variations Class / Choreography		5:30-6:30 MODERN/JAZZ	*6:15 – 7:15 INTERMEDIATE			5:30-6:30 GRADE 6 / GRADE 6 PREP						3:45–4:45 CONTEMPO- RARY	11:00-12:00 Acting LAMDA 9 years above	TAEKWONDO 3:00-4:00 Kids 4:00-5:00 Adults
															1:00-2:00 Acting LAMDA 8 years below		

MS JULIET | MR ARNIE | MR NORDIC | MS SHARON

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